CHAPTER 10 - STANDARDS FOR JAIL FACILITIES - HEALTH SERVICES

- <u>001</u> It is the policy of the State of Nebraska that all jail facilities shall provide all inmates with a healthful environment and access to adequate medical care. All jail facilities shall provide access to medical services and maintain levels of sanitation and personal hygiene which are consistent with the Standards established herein.
- $\underline{002}$ $\underline{\text{Medical Services}}$. Medical services shall include, at a minimum, the following general provisions:
 - $\underline{002.01}$ No person other than licensed physicians shall diagnose any illness or injury, give treatment, or prescribe medication, except that in emergencies a qualified person may administer first-aid as expeditiously as possible pending the arrival or delivery of professional health care services.
 - <u>002.02</u> <u>Observation of Inmates</u>. Each facility administrator shall make provisions for the daily collection and review of inmate medical complaints and to insure that each inmate is observed on a regular basis. If there are indications of illness or injury, the facility administrator shall, to the best of his ability, insure that the proper medical attention is provided as soon as possible.
 - $\underline{002.03}$ <u>Medication</u>. All medication admitted into the jail facility must be specifically approved by the facility administrator or a qualified medical employee.
 - $\underline{002.03A}$ Medicines prescribed by a medical authority shall be administered by that authority or by some member of the facility staff authorized by the facility administrator to dispense medication.

 $\underline{002.03B}$ Medicines shall be dispensed with strict adherence to the instructions and directions given by the medical authority prescribing the medication.

<u>002.03C</u> Prescribed drugs administered to the inmate shall be taken in view of the dispensing facility employee to prevent misuse.

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- $\underline{002.03D}$ The utmost care shall be used in dispensing non-prescription medication.
- $\underline{002.03E}$ Each facility administrator shall establish procedures and provide space for the storage and controlled administration of all medicines and drugs.
- <u>002.04</u> <u>First-aid Supplies and Training</u>. Standard first-aid supplies shall be available in the jail facility at all times. First-aid training and instruction shall be made available to all facility employees.
- <u>002.05</u> <u>Medical Authority Staffing</u>. Whenever the district judge or governing body is made aware of the need and deems it necessary, he or they have the responsibility and authority to appoint a physician to act as the medical authority for the jail facility.
- <u>002.06</u> <u>Physical Fitness</u>. It is the responsibility of the facility administrator to determine that each inmate is physically fit to perform the duties assigned. Inmates who have received medical attention by a physician or dentist shall not be permitted to work until approval is given by the attending medical authority or qualified medical employee.
- <u>002.07</u> Extraordinary Events. The death of any inmate must be reported immediately to the facility's medical authority, if such is retained, and to the coroner. The next of kin shall be notified immediately by the facility administrator in the event of a death or serious illness or injury of an inmate.

- <u>002.08</u> Treatment. Any inmate known to be seriously ill or injured shall be examined by a licensed physician, delivered to an emergency center, or the proper judicial authority shall be forthwith requested to release the inmate.
- <u>002.09</u> Availability of Medical Authority Data. Each facility administrator shall insure that the names, addresses, and telephone numbers of medical and dental authorities are readily available to facility employees at all times.
- $\underline{002.10}$ Medical Records. Accurate summary information of all medical attention received, medications dispensed, and all other required information shall be recorded.

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- <u>002.11</u> <u>Personal Physicians</u>. An inmate may retain his own physician or dentist concerning his medical services.
- <u>003</u> <u>Sanitation and Hygiene</u>. All jail facilities shall maintain acceptable levels of facility sanitation and provide inmates access to proper hygienic materials and services.
 - 003.01 Facility/Employee Hygiene. All jail facilities shall be maintained in a clean and healthful condition. Facility administrators shall provide for daily housekeeping duties and inspections thereof when the jail facility is occupied. All facility employees shall adhere to acceptable hygiene practice.
 - $\underline{003.02}$ Parasite Control. Preventative measures shall be taken to preclude the presence of vermin. If vermin are present, immediate eradication measures shall be taken.
 - <u>003.03</u> <u>Inmate Personal Hygiene</u>. Inmates who are to be confined overnight shall be provided with, except when security requires deprivation of, the following:
 - 003.03A A hot shower or bath daily,

- 003.03B Toilet paper,
- 003.03C Soap,
- <u>003.03D</u> Appropriate personal hygiene items for male and female inmates.
- <u>003.04</u> <u>Linens and Bedding</u>. Inmates to be confined overnight shall be provided with, except when security requires deprivation of the following:
 - $\underline{003.04A}$ One (1) clean, firm, fire retardant mattress;
 - 003.04B One (1) clean sheet or mattress cover;
 - 003.04C One (1) clean bath-size towel;
 - <u>003.04D</u> Sufficient clean blankets to provide comfort under existing temperature conditions.

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- 003.04E If inmates are confined longer than seven (7) calendar days, clean bed linen shall be furnished at least once a week. Blankets shall be laundered or dry cleaned at least once each three (3) months or more often if needed. Towels and wash cloths may be exchanged or laundered upon inmate request, but at least weekly.
- 003.05 Training and Education. Appropriate courses concerning health, safety, hygiene, and sanitation may be made available to both facility employees and inmates. Such educational programming should be determined by the facility administrator in cooperation with the appropriate health authorities.

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